

16516 Bernardo Center Dr, Suite 220, San Diego, CA 92128

Tel (858) 336-2810 • Fax (949) 798-7990

Dear Patient,

Thank you for choosing Rheumatology Center of San Diego for your medical needs. We are located in Rancho Bernardo at Clock Tower Office Plaza.

Our goal is to make your experience in our office as pleasant as possible. To help minimize your waiting time, we have included the patient forms necessary for your first visit. Please complete the forms and bring them along with you **insurance card** and a **picture ID** to your appointment. Please let us know if you have a secondary insurance and provide that insurance card. **We will also need the date of birth and SSN of the primary policy holder.** 

Our billing department will be happy to bill your insurance for you. If you are uncertain as to whether or not we are contracted with your insurance, you should contact your insurance company **prior to your visit**. If you need a referral please contact your primary care provider. This referral needs to be authorized by your insurance company PRIOR to your appointment. We are contracted with **Tricare Prime**, Mercy Physicians Medical Group, Scripps Health Plans, and **SCMG HMO** (**Graybill and Inland North patients only**). We are not contracted with Aetna or Meritain (as of November 2024).

If you have any questions or need to reschedule your appointment, please do not hesitate to contact our office at (858) 336-2810.

We look forward to seeing you.

Tania L. Rivera, M.D.

Rheumatology Center of San Diego



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# PATIENT INFORMATION

| Date of Appoint          | ment:                           |                     | Birth Place:        |                          |            |  |
|--------------------------|---------------------------------|---------------------|---------------------|--------------------------|------------|--|
| Patient's <b>Legal</b> N | lame:                           |                     | Preferred Language: |                          |            |  |
| Mailing Address          | :                               |                     |                     |                          |            |  |
| City:                    | Sta                             | ate: Zip:           | E-m                 | nail Address:            |            |  |
| Telephone Hom            | e# ()                           | Mobile# (           | )                   | _ SS#:                   |            |  |
| Date of Birth:           | // Age:                         | Sex: Race: _        | Eth                 | nnicity: 🗆 Hispanic 🗆 No | n-Hispanic |  |
| Marital Status:          | ☐ Single ☐ Mar                  | ried 🗆 Divorced     | ☐ Widowed           | ☐ Legally Separated      |            |  |
| Patient's Occupa         | ation:                          | Patien              | t's Employer:       |                          |            |  |
| Emergency Cont           | act:                            | Relatio             | onship:             | Phone#:                  |            |  |
| How did you find         | d us? □ Physician Re            | ferral □ Family or  | Friend 🗆 Int        | ernet □ Insurance □      | Other      |  |
| Name of the per          | rson making the referr          | al:                 |                     |                          |            |  |
| Primary Policy H         | older (Name):                   |                     | DOB:                | SS#:                     |            |  |
|                          |                                 | MEDICAL IN          | IFORMATI            | ON                       |            |  |
| Main reason for          | your visit today:               |                     |                     |                          |            |  |
| Primary Care Ph          | ysician Name/Location           | າ:                  | F                   | PCP's Phone #:           |            |  |
| Pharmacy Name/Location:  |                                 | Pharmacy            | ZIP CODE:           | Pharmacy Phone #: _      |            |  |
| Past Medical H           | <b>listory</b> : Please be as s | pecific as possible |                     |                          |            |  |
| Cataracts                | COPD/Emphysema                  | Hernia              | Epilepsy            | Hypothyroidism           |            |  |
| Allergic rhinitis        | Cirrhosis                       | Kidney disease      | Stroke              | Anemia                   |            |  |
| Hypertension             | Acid reflux (GERD)              | STDs                | Bipolar             | Cancer                   |            |  |
| Heart disease            | Heartburn                       | Dermatitis          | Depression          | HIV                      |            |  |
| Asthma                   | Hepatitis                       | Psoriasis           | Diabetes            | Tuberculosis             |            |  |



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# Past Medical and Family History Do you (or a family member) have any of these conditions?

|                      | Yourself              | Relative            |                            | Yourself            | Relative           |
|----------------------|-----------------------|---------------------|----------------------------|---------------------|--------------------|
| Arthritis            |                       |                     | Lupus or SLE               |                     |                    |
| Osteoarthritis       |                       |                     | Rheumatoid arthritis       |                     |                    |
| Gout                 |                       |                     | Ankylosing Spondylitis     |                     |                    |
| Childhood arthritis  |                       |                     | Osteoporosis               |                     |                    |
| Psoriasis            |                       |                     | Fibromyalgia               |                     |                    |
| Other significant il | <br> ness (please lis | st):                |                            |                     |                    |
| Major Surgeries an   | ıd Hospitalizati      | ons (Reason, Date   | and Name of the Hospital)  | :                   |                    |
|                      |                       |                     |                            |                     |                    |
| Have you ever bro    | ken a bone as a       | an adult? □ Yes □   | No Please explain:         |                     | Hav                |
| you been tested fo   | r Hepatitis B o       | r C? □ Yes □ No     | Date and Result:           |                     | Have you           |
| been tested for TB   | (Tuberculosis)        | ? □ Yes □ No D      | ate and Result:            |                     |                    |
| Female Patient: Ar   | e you pregnant        | t?                  | Planning to bed            | come pregnant?      |                    |
| Have you ever bee    | n pregnant? □         | Yes □ No How n      | nany times? A              | ny miscarriages?    |                    |
| Allergies (Name      | of the Medicat        | ion and Reaction):  | (THIS IS IMPORTANT)        |                     |                    |
| Social History: Do   | o you drink alco      | ohol? □ Yes □ No    | How frequent?              |                     |                    |
| Do you smoke? □      | Yes □ No Ho           | ow long have you si | moked for? Cig a           | day? Trying to      | o quit? □ Yes □ No |
| Did you use to smo   | oke (daily)? ? □      | l Yes □ No Wher     | n did you quit smoking? Ho | ow long did you smo | ike for?           |
| Do you use recreat   | ional drugs? □        | l Yes □ No Have     | e you ever had a blood tra | nsfusion? □ Yes □   | No                 |
| How do you wish t    | o be contacted        | l? □ Email □ Phor   | ne May we leave messa      | ges on your voicema | ail? □ Yes □ No    |



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**Current Medications:** (List any medication you are taking, including vitamins, aspirin and supplements). Use an additional sheet if needed.

| Name   | Current dose (streng and number of pills) |                                  | Did the medicine help?      |  |
|--|---|----------------------------------|-----------------------------|--|
|  | and named or pind,                        |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
|  |   |                                  |                             |  |
| Have you participated  | in any clinical trials for new mo         | <br>edications? □ Yes □ No Ⅱ     | f yes, list:                |  |
|  |   |                                  |                             |  |
| Natural or Alternative   | Therapies (chiropractic, magne            | ets, acupuncture, over-the-c     | counter preparations, etc): |  |
|  |   |                                  |                             |  |
| Systems Review: Are  | e any of the following problem            | s affecting you <b>TODAY</b> ? P | lease check                 |  |
| Weight change  | Cough                                     | Problems with urination          | Color changes fingers       |  |
| Fatigue/Weakness   | Shortness of breath                       | Joint pain                       | Headaches                   |  |
| Fever  | Nausea/Vomiting                           | Joint swelling                   | Dizziness                   |  |
| Eye problem  | Jaundice                                  | Rashes                           | Memory loss                 |  |
| Ear problem  | Change in bowel mov                       | Sun sensitive (allergy)          | Anxiety/depression          |  |
| Chest pain   | Abdominal pain                            | Hair loss                        | Other                       |  |
| On the scale below, circle a number which best describes your situation (most of the time): You function |   |                                  |                             |  |
| 1 2 3  | 4 5 6                                     | 7 8 9                            | 10                          |  |
| VERY WELL  |   |                                  | VERYPOORLY                  |  |



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# PATIENT FINANCIAL AGREEMENT

| Printed | I Name (if Signed on Behalf of Patient) Relationship  | <br>Date  |
|---------|---|---|
| Patient | 's Signature and Printed Name   | Date  |
|         | confirm your appointment within 48 hrs. Your appointment may be of your scheduled time.   | cancelled if you do not confirm within 48   |
|         | e Pay Patients: For new patients \$260 (two hundred and sixty dollar e prepared to pay \$160 (one hundred and sixty dollars) at the time s  |   |
| 4.      | (initial) Missed appointments: If you cancel an appointment time or do not show up for your appointment, you will be billed dollars). Additionally, if I do not show to three appointments you insurance plans do not cover missed appointments.                            | a cancellation/no show fee of \$50 (fifty may be discharged from the practice. Medical  |
| 3.      | (initial) <b>Ancillary Services:</b> Laboratory and radiology procedu provider. Please contact them directly should you have any questi   |   |
|         | f. Accounts that are more than 90 days past due will be referred to Collection Recovery Fee of \$40 (forty dollars) in addition to your for any fees assessed by the collection agency (i.e. attorney's fee There is also a Monthly Billing Fee of 1% per month, 12% annual | to a collection agency. You will be assessed a routstanding balance. You will be responsible tes, court costs, and collection agency fees). |
|         | referrals from primary care physician prior to the appointment.  e. You are responsible to provide a copy of your most recent insur   |   |
|         | d. Your insurance company may need you to supply certain inform to comply with their request in a timely manner. If you have an   | · · · · · · · · · · · · · · · · · · ·   |
|         | <ul> <li>c. If we received notification that you are not eligible for coverage<br/>you will responsible for all charges incurred and payment is due</li> </ul>  | •   |
|         | b. You are responsible for all non-covered services according to yo   | our insurance's guidelines.   |
|         | <ul> <li>a. A quote of benefits is not a guarantee of payment. We will subnesselved. Payment from your insurance company is usually expelook to you for full payment.</li> </ul>  |   |
| 2.      | (initial) Claims Submissions: As a courtesy we will bill your in  | nsurance.   |
|         | appointment. Due to State and Federal laws, co-payments will no (forty dollars) will be assessed, and must be paid in cash, money o of our notice.  | t be waived. Returned checks: a fee of \$40   |



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#### **Electronic Communications Disclosure**

Effective Date: October 24, 2013

Please read this Electronic Communications Disclosure ("eCommunications Disclosure") thoroughly - It contains important information about your legal rights.

#### (1) Your Legal Rights

Certain laws and regulations require us to provide specific information to you in writing, which means you have a right to receive that information on paper. We may provide such information to you electronically if we first present this eCommunications Disclosure and obtain your consent to receive the information electronically. At times, we may still send you paper communications, but as a basic proposition we need to know that you are willing to receive communications electronically by e-mail that we may otherwise be required to provide on paper or in person, and that you have the hardware and software needed to access to this information (and note that in Section No. 3 below, we explain ways to obtain selected disclosures or other information on paper even after you have consented to this eCommunications Disclosure).

#### (2) Types of Electronic Communications You Will Receive

You understand and agree that we may provide to you in electronic format only, by posting the information on the website where you access your accounts, through e-mail (if applicable and if you have provided a valid e-mail address), or other electronic means, agreements, disclosures, notices, and other information and communications regarding your personal health information, services, your relationship with us, and/or other programs, products or services that are or may be in the future made available to you (collectively, "Communications"). Such Communications may include, but are not limited to: This eCommunications Disclosure and any updates; The access to our website or other electronic services, all updates to these agreements and all disclosures, notices and other communications regarding transactions you make through our website or our other electronic services;

Any notice of the addition of new terms and conditions or the deletion or amendment of existing terms and conditions applicable to accounts, products or services you obtain from us; Our Privacy Policy and other privacy statements or notices (by posting such notices on our website);

#### (3) Setting Your Electronic Communications Preferences

After you consent to this eCommunications Disclosure, you will still be able to set your preferences to receive certain categories of Communications in (1) both electronic and paper format; (2) electronic format only; or (3) paper format only.

#### (4) Types of Communications You Will Receive in Paper

This eCommunications Disclosure does not apply to any communications that we determine, in our sole discretion, that we are required to deliver in paper form under applicable law or that you should receive in paper rather than electronic form. Such communications shall be mailed to the primary address we show for you in our records or otherwise delivered as required by law or the governing agreement. You are responsible for providing us with a valid e-mail address to accept delivery of Communications. To print or download Communications you must have a printer connected to your device or sufficient hard-drive or other storage space to store the Communications.

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(5) How to Withdraw Your Consent to this eCommunications Disclosure

Subject to applicable law, you may withdraw your consent to this eCommunications Disclosure by calling our office. You will not be charged a fee for withdrawal of your consent.

(6) Obtaining Copies of Electronic Communications.



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You may print or make a copy of Communications by using the "Print" button (or otherwise using your printing functionality) or saving a copy - do this when you first review the Communications. Upon request, we will provide you with a paper copy of any Communications provided electronically by us to you pursuant to this eCommunications Disclosure, provided we receive your request within 12 months after the date the Communication was first made available to you electronically. You may request a paper copy of these Communications by calling us.

#### (7) Updating Your Contact Information

In the event that your e-mail address or other contact information is changed, you must notify us of such changes immediately. If you fail to update or change an incorrect or invalid e-mail address or other contact information, you understand and agree that any Communications shall nevertheless be deemed to have been provided to you if they were made available to you in electronic form on our websites, e-mailed to the e-mail address we have for you in our records, or delivered through other electronic means.

#### (8) Retain Copies for Your Records

We recommend that you print or download a copy of this eCommunications Disclosure, the applicable service agreement and all other Communications to retain for your permanent records; if you have not already placed a copy of our Privacy Policy in your records, you can obtain another copy of our privacy policy.

Please be advised that confidential information entered may not be secure and may be viewed by strangers without your or our knowledge or permission while in transit over the Internet.

I hereby acknowledge that I received a copy of Rheumatology Center of San Diego PC's Electronic Communications Disclosure, and I agree with the terms.

| Date:         |  |
|---------------|--|
| (PRINT) Name: |  |
| Signature:    |  |



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# Acknowledgement of Receipt of Notice of Privacy Practices

Privacy Office can be reached at (858) 336-2810

I hereby acknowledge that I received a copy of Rheumatology Center of San Diego PC's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be **available in the reception area**, and that I will be offered a revised copy at my next appointment if the Notice of Privacy Practices has been amended. **An updated copy can also be found at our website http://www.rheumSD.com** 

|                | •  |
|----------------|--|
| Date:          |  |
| (PRINT) Name   | of the Patient:  |
|                |  |
| Responsible pa | arty:  |
| Self / Pati    | ient's Signature:  |
| Other/ Re      | esponsible Party Signature:                                |
| Respo          | nsible Party's name (PRINT):                               |
| Teleph         | none number:   |
| Please         | indicate your relationship to the patient:                 |
|                | Parent or guardian of a minor patient                      |
|                | Guardian or conservtor of incompentent patient             |
|                | Beneficiary or personal representative of deceased patient |



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# **RELEASE OF MEDICAL RECORDS**

| Today's date:   |   |
|---|---|
| l (your name),  | request and give my permission to release my                          |
| Medical Record as indicated belo                              | ow from the following Medical Facility: (name of doctor or medical    |
| facility we will be obtaining reco                            | ords from)  |
| to R  | Rheumatology Center of San Diego PC at the above address.             |
| ☐ Most recent lab results AND a                               | ny immune system lab results, regardless of the date                  |
| ☐ Diagnostic testing reports, incl<br>EMG reports or biopsies | luding X-Rays, MRI, CT of spine and joints, Bone Density (DEXA scan), |
| ☐ Progress report from patient's                              | s last visit  |
| □ Other:  |   |
|   |   |
|   |   |
|   |   |
| Patient's signature   | DOB   |



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# NOTICE AND ACKNOWLEDGMENT OF RECEIPT AND UNDERSTANDING NOTICE TO PATIENTS

Medical doctors are licensed and regulated by the Medical Board of California.

To check up on a license or to file a complaint, go to

www.mbc.ca.gov,

email: licensecheck@mbc.ca.gov,

or call (800) 633-2322.

| Date | Patient's Name (Type or Print)                                 |
|------|--|
|      | Patient's Signature  |
| Date | Patient Representative's Name and Relationship (Type or Print) |
|      | Patient's Representative's Signature                           |



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## **OPEN PAYMENTS DATABASE NOTICE**

For informational purposes only, a link to the federal Centers for Medicare and Medicaid Services Open Payments web page is provided here. The federal Physician Payments Sunshine Act requires that detailed information about payment and other payments of value worth over ten dollars (\$10) from manufacturers of drugs, medical devices, and biologics to physicians and teaching hospitals be made available to the public.

|      | openpaymentsdata.cms.gov             |
|------|--------------------------------------|
|      |                                      |
| Date | Patient's Name (Type or Print)       |
|      |                                      |
|      | Patient's Signature                  |
|      |                                      |
| Date | Patient Representative's Name        |
|      | and Relationship (Type or Print)     |
|      |                                      |
|      | Patient's Representative's Signature |



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# Card on File: Authorization Form

# Information to be completed by cardholder:

The undersigned agrees and authorizes medical practice to save the credit card indicated below on file. The use of this form is optional and for your convenience.

| Medical Practice:         | Rheumatology Center of Sa   | n Diego PC          |                                  |         |
|---------------------------|---|---------------------|----------------------------------|---------|
| Patient's Name:           |   |                     |                                  |         |
| Name as it Appears        |   |                     |                                  |         |
| on the Credit Card:       |   |                     |                                  |         |
| Type of Credit Card:      | MasterCard Visa   | Discover            | Amex                             |         |
| Last 4 Digits of Card:    |   |                     |                                  |         |
| Expiration Date:          |   | _                   |                                  |         |
| above credit card as "Car | autd on File". I understand this autderstand this autderstand this forr | horization will ren | nain in effect until the expirat | tion of |
| Cardho                    | lder's Signature  |                     | Date                             |         |